

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## **Brian Holmes**

Has successfully participated & completed the

20km Trail Race Arnold Chatz Nogwaja Trail Run

held at Rustig Hiking Trails.

**TIME** 03:15:57

**PACE** 09:46/km

**OVERALL** 77 of 126

**GENDER** 66 of 87

**40 - 49** 19 of 30

29 July 2018, Sun

Date

